

# Do You Know Your Cycle?

*Infinity diagram designed by Scott R. Woolley Ph.D.*

**Partner 1**  
Withdraw or Pursue

**Partner 2**  
Withdraw or Pursue

**Behaviors**  
Description of these

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Description of these

**Perceptions/Attributions for your,  
or partner's, reaction**  
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**Reactive Emotions**  
Description of these

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Description of these

**Vulnerable Emotions**  
Description of these

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Description of these

**Unmet needs**  
Description of these

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Description of these

